

NEWSLETTER



OUR MISSION & PURPOSE

FATA advocates for the expansion of access to professional art therapists & leads the state in the advancement of art therapy as a regulated mental health and human services profession. We provide information, resources, and meaningful network opportunities to it's members and the public.



Click the links to access resources:

- [Art Therapy Best Practices](#)
- [Center for Disease Control](#)
- [World Health Organization](#)



COVID-19 RESOURCES

FATA has been closely monitoring the coronavirus (COVID 19) situation in coordination with guidance from the U.S. Centers for Disease Control and Prevention, the World Health Organization and state and local governments, the health and safety of our communities remain a top priority. We are with you during this time of uncertainty. Below is a list of resources for art therapists, members, and the people we serve.

- [SAMHSA COVID-19 Resources](#)
- [Florida Department of Health](#)
- [Florida Board of Clinical SW, MFT, and MHC](#)



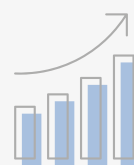
Click the links to access resources:

- [AATA Blog on remote Art Therapy.](#)
- [Resources from FATA, including our latest online workshops](#)
- [Notification of Enforcement Discretion for Telehealth Remote Communications](#)
- [COVID-19 Emergency Rule Affecting Registered Interns](#)
- [The Creative Psychotherapist Podcast, Episode 12 featuring FATA member Deanna Barton](#)
- [Staying Emotionally Healthy During CoVID-19](#)

RESOURCES FOR TELEHEALTH

In response to COVID-19, art therapists have had to suddenly adapt to the rapidly changing situations in their personal and professional lives. All of this while also navigating the concerns of their clients and those in their care. Art therapists have changed how they work, how their services are provided, and how they have confronted their own anxiety about the current state of affairs. We want to provide some resources to assist in dealing with this shift, outlining practices for providing safe and hygienic materials, pivoting toward telehealth, and maintaining wellness and self-care during social distancing. We will continue to update and add to these resources.

FLORIDA ART THERAPY LICENSURE SURVEY



The Florida Art Therapy Association is campaigning to create a distinct license for art therapists to expand access and improve quality of services throughout Florida. In order for this campaign to be successful, we recently sent out a survey for members to help us understand the reach of art therapy in the Florida. The survey was issued to all credentialed art therapists in Florida. Thank you to those who completed the survey! Your participation helps us get one step closer to licensure. If you haven't completed our survey, here is the link:

[FLORIDA ART THERAPY LICENSURE SURVEY](#)

FATA WELCOMES
ALICIA BALLESTAS ATR-BC INTO THE

ART THERAPIST Spotlight!

ALICIA BALLESTAS ATR-BC

Alicia is an Art Therapist for Miami-Dade County Public Schools where she provides art therapy services to children and adolescents with developmental and emotional disorders.

She was nominated for the spotlight for her dedication and passionate response after the Parkland tragedy in 2018. She continues to provide art therapy services throughout the community "igniting creative healing" for others. To learn more about Alicia's work, please visit floridaarttherapy.org.

If you would like to nominate a Florida Art Therapy Association member, please email floridaarttherapy.membership@gmail.com



"My passion is to ignite the creative healing abilities that allow people to discover a world of expression and a deeper understanding of self. Through the process of art therapy, the experience allows the individual to tell a story using their own imagination and creativity, where they can be themselves and heal the pieces that have been broken."



VIRTUAL FIBER ARTS THERAPY WORKSHOP

Join us on **Thursday, April 16th 2020 12pm** for an online Fiber Arts Therapy workshop hosted by FATA Member, Amanda Shaw MA, ATR-P, RMHCI. Amanda will guide you through the technique of mindful stitching as you work to create a story cloth. This workshop requires minimal experience with sewing and will review how to do a single running stitch. Hope to see you there!

Join Zoom Meeting- CLICK LINK
<https://zoom.us/j/927557776>

Supplies required:

- 1 needle
- Any color thread
- Scissors
- Variety of fabric (used clothing, table cloths, or old curtains also work!).
- Stick Glue

CALL FOR VOLUNTEERS!

We need your help! In leu of the recent COVID-19 outbreak, now more than ever is virtual art therapy on the rise. The Florida Art Therapy Association would like to host weekly workshops to continue supporting FATA members who have been affected professionally, socially, and emotionally by this evolving pandemic. If you would like to host an art therapy workshop over Zoom during the month of April or May please email us at :

floridaarttherapy.membership@gmail.com

YOUR HELP IS VERY MUCH APPRECIATED!

OUR NEXT MEETING

Thursday, April 30th
7:30pm

Join us on Zoom:

<https://zoom.us/j/933334727>

Please join us!

