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Art Therapy Abroad: Florida State University Art Therapy Students in Thailand

Art therapy abroad has been made a reality for two students in the Art Therapy Program at Florida State University. Bethany Bostick and Mindi Moore returned January 15th from a three-week internship in Bangkok, Thailand. Sponsored by the Florida State University Center for the Advancement of Human Rights, Mindi and Beth were able to provide art therapy services for the Center for the Protection of Children's Rights (CPCR) in Bangkok, Thailand.

Bethany and Mindi contributed to CPCR's Assessment and Rehabilitation Unit by providing art therapy services for children victimized by sexual abuse and neglect. In efforts to enrich CPCR's current program, the students also furthered staff understanding of the use of art therapy in crisis intervention, fact finding, and rehabilitation. Individual art therapy sessions as well as group art therapy sessions were provided for five children currently in the program at CPCR. Art therapy interventions such as superhero drawings, scribble chases, and animal sculptures were utilized for goals of boundary setting and increased self-esteem.

Mindi and Bethany were able to broaden their understanding of art therapy across cultures during their work with CPCR in Thailand. Due to the language barrier, the utility and importance of the art was greatly enhanced. The art helped to establish rapport with the children, increased communication, and hopefully ultimately enriched the children's life experience.

Due to the success of the internship, efforts to continue the partnership between FSU and CPCR are being made by Dr. Marcia Rosal, Art Therapy Program Director, and Dr. Terry Coonan, Executive Director for the Center for the Advancement of Human Rights. FSU art therapy students Celine Hunt and Amity Moncrief are planning to continue art therapy services at CPCR in Thailand this May.

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SAME PATH.... NEW DIRECTION

My focus at this past year's AATA conference was on the issue surrounding state licensure. AATA has put forth considerable effort to establish both short- and long-range plans for attempting to accomplish this goal. It is believed that the best way for art therapists to establish licensure in individual states is by first attempting to fall under the "umbrella" of current legislation. In regard to the state of Florida, we would most likely match up with the current requirements established for licensing Mental Health Counselors. While attempting to achieve this task, it is recommended that we concurrently lobby for the establishment of a "Title Act". A Title Act refers to a legislative act ensuring that only those individuals who meet specific guidelines, such as the requirements for becoming a Registered Art Therapist, may, in fact call themselves Art Therapists.

Eventually, the goal is to move out from the "umbrella" of other professions and lobby for a stand alone license for the field of Art Therapy. In our pursuits for a stand alone license, it is then recommended that we pursue a "Practice Act". A "Practice Act" refers to further legislative action ensuring that only those individuals meeting the requirements under the "Title Act" to call themselves art therapists may practice art therapy in the state.

Obviously this is easier said than done, and truthfully, it wasn't all that easy to say! However, I am determined to see us move forward in our legislative efforts to accomplish these goals set before us. The first major hurdle facing many state and local chapters lobbying for licensure is capacity. We are a small profession to begin with, but we are faced with an even bigger challenge of low membership within the chapters. If we are ever to achieve licensure, it surely will be through the grassroots efforts from the state chapter level, however, this will never happen unless we build our capacity in terms of number of members. Our state legislature will not usually pay attention to any group with fewer than one hundred members. Based on last years' membership numbers, which actually showed an increase, we are still considerably below that threshold. Please encourage your colleagues to consider joining FATA, their future, and ours, may depend on it.

We are continuously being challenged within the state as well as on the national level. As many of you may recall, we have had to lobby for our right to be included in the reauthorization of IDEA. Here in Florida, other mental health professionals who feel threatened by our efforts to provide clinical art therapy services to consumers threaten art therapists with legal action. State officials who have been poorly educated to the usefulness of art therapy are arresting children for expressing thoughts, feelings, and/or ideas through graphic means, which these officials deem violent and predictive of future acting out.

Are we going to remain content with our current status within our jobs and within our state? Are we afraid to "rock the boat" for fear that our efforts to make effective change may be further challenged by others? The "boat" is already being knocked around and we must fight the current waves head on or risk sinking as a profession.

Craig Alan Siegel, ATR-BC
President, Florida Art Therapy Association



Florida Shines Brightly in San Diego!

Florida art therapists made quite a presence at this year's AATA conference in San Diego. From the outset, art therapists from our state were recognized for their contributions to the field. Myra Levick and Janet Bush were honored at the opening plenary session for their "Creative Fire". Other recognitions were bestowed upon an art therapist new to our state. Brent Peterson, a doctoral student at Florida State University, received the Gladys Agell Award. In addition to these honors, Florida Art Therapists were involved in the following activities:

Myra Levick, Ph.D., ATR-BC, HLM	<ul style="list-style-type: none"> ○ Paper: <i>Norming the Levick Emotional and Cognitive Art Therapy Assessment: Summary of Data Analysis</i> ○ Master Supervision Group: <i>Medical Art Therapy with Children</i>
Patricia Isis, Ph.D., ATR-BC	<ul style="list-style-type: none"> ○ Presenter, Advanced Practice Course: <i>Mindfulness-Based Stress Reduction and Art Therapy</i>
Mercedes B. ter Maat, Ph.D., ATR-BC	<ul style="list-style-type: none"> ○ Presenter, Advanced Practice Course: <i>Legal and Ethical Issues in Mental Health</i> ○ Paper: <i>Art Therapy with Hispanic Clients: Results of a Survey</i>
Penelope P. Orr, Ph.D., ATR-BC	<ul style="list-style-type: none"> ○ Presenter: <i>Technology Training for Future Art Therapists: Are We Meeting Their Needs?</i>
Gaelynn Wolf-Bordonaro, Ph.D., ATR-BC	<ul style="list-style-type: none"> ○ Official Conference Photographer ○ Focus Group: <i>International Networking Group of Art Therapists</i> ○ Paper: <i>Short-term Art Therapy with Pediatric Patients Hospitalized with Sickle Cell Disease</i>
Donna Betts, MA, ATR-BC	<ul style="list-style-type: none"> ○ Panel: <i>Teaching Research Effectively in Graduate Art Therapy: An AATA Research Committee Panel</i> ○ Panel: <i>How to Begin as a Researcher: An AATA Research Committee Panel</i> ○ AATA Director
Peggy Dunn-Snow	<ul style="list-style-type: none"> ○ AATA Director
Craig Siegel, MA, ATR-BC	<ul style="list-style-type: none"> ○ Florida Delegate to Assembly of Chapters' Meeting



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Photos: A. Dave Gussack Ellie Ehrlich and Irene Rosner David dancing the night away. B. Dr. Penny Orr presenting at 2004 AATA conference. C. Gaelynn Wolf- Bordonaro presenting at the 2004 AATA conference. D. Gaelynn Wolf-Bordonaro, Craig Siegel and Carol Brown at the closing reception. E. Brent Peterson receiving the Gladys Agell Award. F. Donna Betts and Peggy Dunn-Snow at the closing reception.

Art Therapy Reunion - Philadelphia

**The 30th Anniversary Celebration of the Hahnemann
Creative Arts in Therapy Program
May 7th, 2005
CALLING ALL ALUMNI! SAVE THE DATE!**



On May 7th, 2005, in Center City Philadelphia, the Hahnemann Creative Arts in Therapy Program will celebrate the accomplishments and contributions of our students, graduates, faculty and supervisors—to the program, to the community, to their professions and to society.

Hahnemann will hold a continuing education program, open to any interested professional creative arts therapists. The program will cover narrative and storytelling approaches in Creative Arts Therapies, will examine the power and use of personal history in psychotherapy, with exploration and development of narratives using the creative arts therapy modalities. Program participants will gain clinical expertise and enter the spirit of the 30th Anniversary: the value of looking backward and remembering in order to embrace the future, growth and change.

Following the day's events will be a COCKTAIL RECEPTION and CELEBRATION DINNER at the Wyndham Franklin Plaza Hotel. This event for our "program family" will include a musical serenade and the unveiling of a new Creative Arts Therapy diversity scholarship. A SILENT AUCTION, to run throughout the evening, will support the new scholarship funds.

Please email Sherry Goodill at SG35@DREXEL.EDU for further information.



Road Trip

As many of you are probably already aware, the 2005 AATA conference is just up the road in Atlanta Georgia. FATA would like to have an even greater showing of Florida Art Therapists at this upcoming conference than in San Diego. To assist in this endeavor, the FATA Board is interested in hearing from the membership as to how we can assist in getting as many Florida art therapists to Atlanta. The Board has suggested arranging transportation in the form of coordinating regional carpools, to chartering a bus, to working on establishing a group discount on an airline. In addition to addressing travel issues, FATA would be willing to assist in establishing roommate lists, and/or exploring alternative hotel accommodations to fit various budgets. Please contact FATA as to your interest in being a part of the FATA Road Trip. Your timely response will assist Board Members in knowing in which direction (besides North) to proceed.

Symposium at Sea



Symposium on the High Seas makes a Huge Splash!

The Florida Art Therapy Association in conjunction with the American Art Therapy Association pulled off a great learning experience onboard Carnival Cruise Line's Imagination. The Art Therapy and Addictions symposium was a huge success. The attendees traveled from thirteen states (South Dakota, Maryland, Minnesota, Virginia, North Carolina, Pennsylvania, Ohio, New York, New Jersey, South Carolina, California, Florida and Georgia) and Canada. The audience was made up of art therapists, psychologists, mental health counselors, and addiction specialists.

The first day of the symposium began with waves upon waves coming toward the ship – waves of people that is. The festivities started with a private opening reception providing for an opportunity to meet and greet. The President and President-Elect of FATA used this opportunity to introduce the presenter, Lynn McKnight, thank those individuals in AATA who helped make this symposium possible (Peggy Dunn-Snow, Jane Desouza, and Mary Buckley to name a few), and present certificates of appreciation to the 2003-2004 FATA Board Members who assisted in revitalization of the organization. Following a fun-filled day in Key West, the work began during our first session focusing on current research on treatment strategies for working with those identified as having a diagnosis of substance dependence. The group adjourned for more onboard activities including the Captain's welcome reception. Sessions reconvened the next morning, during which time Lynn McKnight introduced various stages within the addiction and treatment process, focusing on art therapy directives to address these stages graphically. An afternoon in Cozumel, Mexico provided an opportunity for attendees to shop, snorkel, explore ancient Mayan ruins, or simply relax. The symposium continued on our last full day aboard the ship. Sessions focused on addictions and spirituality, process addictions, and a chance for closure through art making. The conference room was filled with energy and enthusiasm in response to Lynn McKnight's presentations, demonstrations and experientials. We also had the opportunity to learn from each other as attendees shared their experiences and art interventions.

From the feedback given, this symposium/cruise was able to meet everyone's needs in terms of the educational experience as well as for a well deserved vacation. Overall, attendees had very positive comments about the concept of hosting a symposium on a cruise ship and are looking forward to future symposium sailings. We hope that this success will be the beginning of a new trend for both Florida and Regional Symposiums. Please keep in touch with the FATA board and let us know what we can do to continue providing you with the level of continuing education that you expect. We would love to see you "get on board!"



Continuing Education

CONTINUING EDUCATION-THE YEAR AHEAD

Education is not the filling of a pail, but the lighting of a fire. -W. B. Yeats

What comes to mind when you think of continuing education? I believe that if you have attended FATA workshops and continuing education events, words like “interesting”, varied”, “quality”, and “camaraderie” come to mind. As continuing education chair for FATA, that is my goal...and now I have put it in writing for all to see!

Continuing education will remain an important area of focus for the FATA in the upcoming year. As the continuing education chair I will be working, with assistance from the Board of Directors of FATA and our membership, to coordinate a calendar of exciting events. FATA will be focusing on workshops that can provide members with continuing education credits in locations around the state. The goal will be to provide learning opportunities on a variety of topics intended to accommodate the wide array of issues, settings and populations with which our diverse membership works.

The goal of excellence in our continuing education offerings is not one that I can meet alone. It will take our entire community to make continuing education all it can be. We will need art therapists to contribute their expertise and talents by presenting, their precious time by attending, and their valuable energy by providing feedback on future workshops. I look forward to working with, and for, all our members to help build an active community of professionals.

Upcoming Workshops



Art Therapy Has Many Faces Judy Rubin, Ph.D., ATR-BC, HLM

Judith A. Rubin received a B.A. in art from Wellesley College, a M.Ed. from the Harvard Graduate School of Education, and a Ph.D. in counseling from the University of Pittsburgh. She also graduated from the training programs in adult and child psychoanalysis at the Pittsburgh Psychoanalytic Institute. A registered art therapist and a licensed psychologist, Dr. Rubin was also Co-Director of the Creative and Expressive Arts Therapy Program at the Western Psychiatric Institute and Clinic. She currently serves as Assistant Professor of Child Psychiatry and Health –Related Professions at the University of Pittsburgh and as a member of the Faculty-by-Invitation of the Pittsburgh Psychoanalytic Institute. A former president and honorary life member of the American Art Therapy Association, Dr. Rubin has authored six books and is currently working on various video projects documenting the field of Art Therapy.

International Art Therapy Nancy Slater, Ph. D., ATR




The Florida State University Art Therapy Association is hosting a workshop on International Art Therapy given by guest lecturer Dr. Nancy Slater, Ph.D., A.T.R. The workshop will be held on the FSU campus in Tallahassee on Saturday, April 2, 2005, from 9:00am to 3:00pm. Those interested are welcome to attend for a recommended donation of \$15, which will benefit efforts of FSU ATA. For more information please email Mindi Moore, President, FSU ATA, at mrmoore79@yahoo.com.

The Florida Art Therapy Association 2005-2007 Board of Directors

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New Voices

JANNIA



FATA is starting the New Year strong! There is much to do this year and, as Local Arrangements Chair for FATA, I am enthusiastic about the upcoming events we are providing around the whole state of Florida. To all art therapist and art therapy students through out the state, I encourage you to take advantage of these exciting gatherings to meet other art therapists and to continue your boundless professional development. Come join us and support our efforts. Here, here!!! Let us strive for an even more cohesive and successful Florida Art Therapy Association. I am looking forward to seeing you all!
Jannia E. Gyorkos, ATR

Julio

I hope you have been enjoying this newsletter! I wanted to create something that was representative of our creativity and talent. We are Art Therapists from roots to buds we continue to grow. I hope you will grow with us! Thank you to everyone who contributed to this issue.

Julio C. Ventura, M.A.



Network

PEER MENTORING

FATA is continuing our efforts to establish ongoing Peer Mentoring groups. The coordinator of this activity for FATA will be Cynthia Andreas. Please contact her to add your name to a list of Art Therapy Professionals interested in establishing local groups to meet for professional support. Many of us in the field are isolated from the support of our colleagues, working as the sole art therapist in your facility. By becoming a part of these groups, it will provide you with the opportunity to connect with those who work in isolation and/or those who would love to meet with other art therapists for peer support and mentoring.

To contact Cynthia, please email her at cynthia048@msn.com or via phone at (954)-784-9515.

e-mail / website exchange

Florida Art Therapy Association: www.floridaarttherapy.org

American Art Therapy Association: www.arttherapy.org

Art Therapy Credential: www.atcb.org

FATA Discussion Group: <http://health.groups.yahoo.com/group/ArtTherapyFLA>

Janet Bush: <http://www.janetbush.com>

Marcy Purdy: marcyartreach@juno.com

Myra Levick: myralevick@bellsouth.net

Donna Betts: www.art-therapy.us

If you would like to include your e-mail address to the list please contact FATA.

Membership

Want a great way to stay in touch with other Art Therapist around the State?
Interested in the field of Art Therapy and want to know more?
Joining FATA will give you access to this and much more!

FATA provides:

- Continuing Education through workshops and symposia.
- A quarterly newsletter
- Connects the Art Therapy community with one another.
- Promotes Art Therapy within the community.

FATA Membership falls into the following categories:

- Credentialed Professional, Professional, and Associate Member \$20
- Retired Professional and Student, \$10
- Contributors, \$20

Name: _____

Address: _____

Phone: _____ E-mail: _____

Please make checks payable to: AATA

Mail membership form and payment to: AATA at 1202 Allanson Road, Mundelein, Illinois 60060-3808
To receive more information on how to join FATA, contact Cynthia Andreas at cynthia048@msn.com

FATA dues are payable each year. You must first be a member of AATA in order to become a member of FATA. Upon receipt of your dues, you will receive a membership card and will begin to receive newsletters and updates on workshops. FATA exists through volunteer hours and efforts. Dues cover membership in the umbrella organizations, postage, expenses related to programs, publications, and outreach. Thanks for your support!

Mission Statement

The Florida Art Therapy Association is dedicated to providing education, professional development, training, and political action for its members. Further, FATA will pursue the highest Professional and ethical standards to protect the public for which it serves.

From the Editor

We are looking forward to providing the Art Therapy community with a quarterly newsletter. Please feel free to contact us with any information you would like to see included in future newsletters. Please submit any articles or information no later than the first of the month prior to publication. The following is a list of deadlines and publications for the newsletter:

Due Date	Mailing
January 1 st	February 1 st
April 1 st	May 1 st
July 1 st	August 1 st
October 1 st	November 1 st

Suggested Topics: Book reviews, Networking, What's happening at your place of business, Goals, Popular techniques, Editorials, Training, Workshops, Graduation, or career advancements. Photos are encouraged!! Thank you.



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ART THERAPY

Art Therapy Has Many Faces



The Florida Art Therapy Association
is proud to present a half-day workshop by presenter

JUDY RUBIN, Ph.D., ATR-BC, HLM

Please join us for this three hour program that will consist of a combination of
art exercises, lecture, discussion, and videotape, including sections from:

Art Therapy Has Many Faces, a videotape completed in 2004 by the presenter

On

Saturday, April 9th, 2005 From 12:00 PM – 4:30 PM

At

Ringling Museum of Art

5401 Bay Shore Road • Sarasota, Florida 34243

(941) 359-5700 Fax: (941) 359-5745

AATA Course # 05-08

Course Objectives: Participants will

- 1) Be able to think in broad terms about the field of art therapy, to see details in terms of the larger whole.
- 2) Acquire a historical perspective, as well as a sense of the field as it has grown and developed, including a wide variety of approaches and points of view.
- 3) Be able to note some of the many reasons for the effectiveness of art therapy.

This course is being offered to both experienced and less experienced art therapists, practitioners and students.

Cost of workshop:

early registration: (prior to 4/1/05)	\$15.00 for members \$25.00 for non-members	at the door:	\$20.00 for members \$30.00 for non-members
Attendees are eligible to apply for three CECs (payable to AATA)	Members: \$ 7.00 for the first hour \$ 1.00 each additional hour Total = \$ 9.00	Non-members \$ 10.00 for the first hour \$ 1.00 for each additional hour Total = \$ 12.00	

Cancellations made 48 hours prior to the workshop will receive a full refund

registration form:

Name: _____
Address: _____
Phone: _____
Email: _____

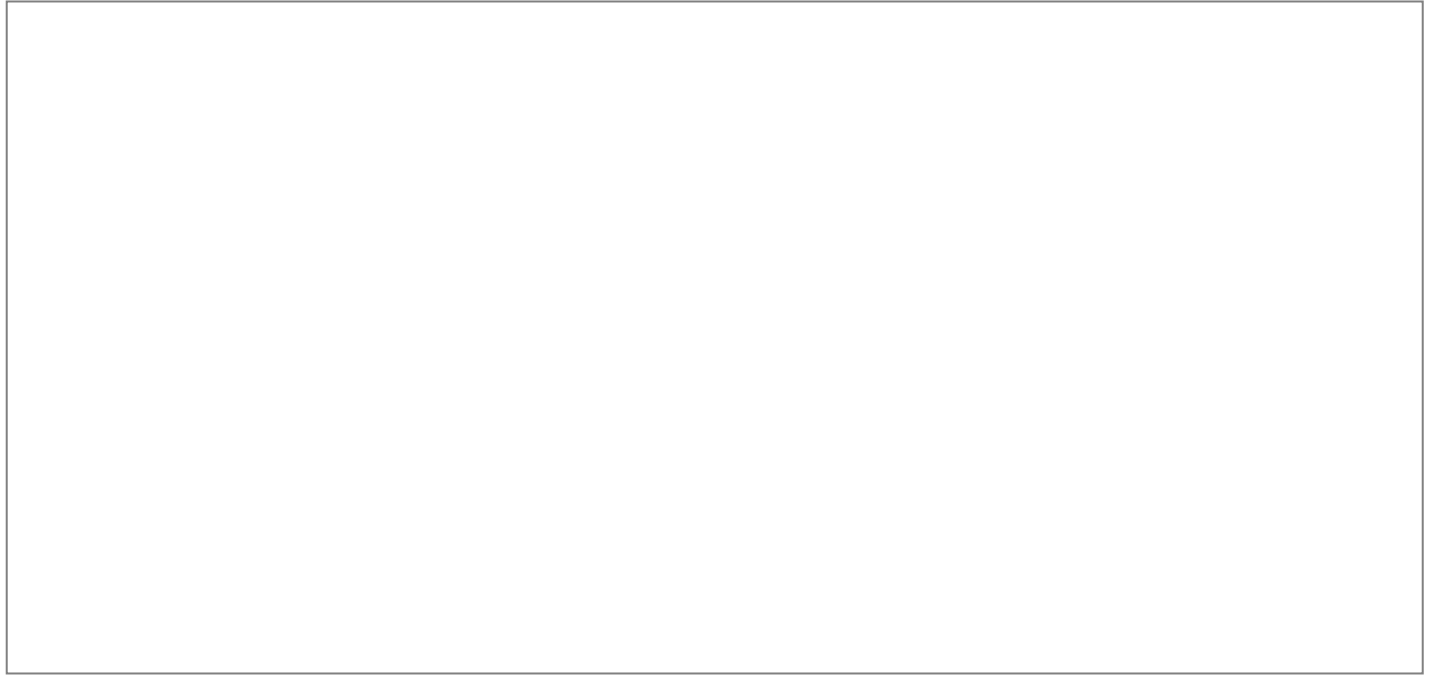
Please include check payable to: FATA
mail to: FATA c/o 18129 SW 3rd Street, Pembroke Pines, FL 33029

4/9/05



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ART THERAPY



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