



Florida Art Therapy Association

Winter Issue 2010

MESSAGE FROM THE PRESIDENT

Raquel Farrell-Kirk, MS, ATR

2008

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The life I touch for good or ill will touch another life and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt.

- Frederick Buechner -

Touching another life, reaching out, creating connections, fostering community... these actions lend meaning to our personal and professional lives. The theme of creating connections was decided upon for our FATA conference many months ago; because we wanted to explore the important ways in which art therapists connect to their colleagues, to other disciplines, to their clients, and to the community at large. This theme has become ever more important in the months since we first decided upon it.

We have seen new FATA connections to the larger art therapy community, with our treasurer Craig Siegel stepping down from that post to accept a Position on the AATA Board of Directors. We have seen yet another Florida colleague, Dr. Peg Dunn-Snow completes her AATA Presidency.

Some of you participated in the Miami Dade County Public Schools Art Therapy exhibit at the Frost Museum, connecting the art therapy and art worlds. We have all witnessed the importance of connections and the strength of communities during the aftermath of the recent earthquake in Haiti. Many of us have been involved with about art therapy services for Haitian and Haitian American children and families.

Take these examples as reminders to us all to connect to our professional communities, to foster our personal relationships, to strive for authentic, fully connected interactions with our clients...who know in what far place your touch will be felt!



Mercedes ter Matt, Dr. Peggy Dunn-Snow, Raquel Farrell-Kirk, Poppy Scheibel, Craig Siegel

Message from the President-Elect

Poppy Scheibel, *ATR-BC*



Author, Ellen Horowitz, with President-Elect, Poppy Scheibel
at the American Art Therapy Association Delegate meeting
November, 2009

The 2009 American Art Therapy Conference in Dallas proved to be a dynamic event where the most challenging of problems were: “Which workshop or session should I attend?” From neuroscience and art therapy to Patricia Isis’ “Art therapy, Mindfulness, and Meditation, the 40th Anniversary Conference, *Inspiring Frontiers for the Next generation in Art Therapy*, did indeed inspire the close to 1000 attendees.

On Wednesday, I had the opportunity to be our chapter delegate at the Affiliate Chapter Delegate meeting. The Executive Director, Susan Corrigan, rolled out her new marketing plan for the national organization, (which we are asked to refer to as: “American Art Therapy Association,” and not “AATA.”) The new board was introduced and how wonderful that two of the new national association directors are from Florida: Mercedes ter Maat, as President-Elect, and Craig Siegel.

I always believe that even the most knowledgeable of folks, and the frequent attendees in their chosen profession, come away from conferences and seminars with valuable and applicable information. I imagine that *Inspiring Frontiers* was no exception. For me, the takeaways came from Noah Hass-Cohen’s impressive presentation and her new book, *Art Therapy and Clinical Neuroscience*; from preventing my brain from becoming overloaded with TMI (too much information) by attending in Patricia Isis’ early morning Master Supervision group: Art Therapy and Mindfulness. (Each participant savored one almond; what a powerful way to bring consciousness and tune into the senses.) Also notable was Adam Blatner’s Saturday General Session and Plenary, on Mandala Making in Clinical Practice.

Perhaps the best takeaway was NOT sitting in a plenary session or workshop, yet rather, the connections and reconnections made with colleagues and friends. That was pure joy. I look forward to renewing the connections with you all at the Florida Art Therapy Conference, May 1-2, in Orlando.

Warm regards,

Poppy



ARTWORKS! 2010 *The Inner Journey*

Miami-Dade County Public Schools and Patricia and Phillip Frost Museum held the second annual collaborative art therapy exhibit.

Two art therapists within M-DCPS, Mrs. Leah Guzman and Mrs. Randi Becker chaired this year's exhibit committee which organized a show of over two hundred mandalas created by children and adolescents who receive art therapy services within the school system.

This year's theme, "The Inner Journey" showcased 2-dimensional and 3-dimensional mandalas as a form of students' personal reflections.

The unified theme stemmed from this question, "Who am I? Or What defines me?" The mandalas were arranged into a labyrinth pathway, where the audience was asked to participate by walking the path and thinking of the question "Who am I?" The show also included a workshop room where visitors were able to participate in creating their own mandalas.

There are nineteen art therapists currently working in the M-DCPS Clinical Art Therapy Department, which is celebrating its 30th anniversary. The art therapists provide therapeutic services to over 500 special needs students ranging from kindergarten to twelfth grade identified with emotional and behavioral disabilities (EBD). For more information about the exhibit or the M-DCPS Clinical Art Therapy Department, please contact Mr. Craig Siegel, ATR-BC, Chairperson at csiegel@dadeschools.net.

Message from the Ethics Chair

Mercedes ter Maat, Ph.D., ATR-BC, LPC

Good news, if you are interested in attending ethics presentations!

As you know, the Art Therapy Credentials Board requires 6 ethics continuing education credits (CEC) for re-certification of the ATR-BC credential, so don't miss out on these upcoming opportunities.

Lisa Wasserman, Psy. D., ATR-BC, and I will be presenting "More on Ethics" at the next Florida Art Therapy Association conference in Orlando. This presentation raises participants' self-awareness to practice art therapy beyond mandatory ethics. There will be active discussions of beliefs and values, boundary dilemmas, moral principles, and ethical decision-making to promote client welfare. Lisa will also present art work. Bring your own personal ethical dilemmas to discuss!

The Ethics Committee of the American Art Therapy Association(AATA) is also working on providing one continuing education credit (CEC) for participating in a brief online ethics presentation. This will be free of charge for AATA members and offered in late spring. In addition, the Ethics Committee is revising the current AATA Code of Ethics documents and wants your input. Keep an eye on the AATA website for upcoming news and an opportunity to offer your feedback. Hope to see you in Orlando!

Mercedes

FLORIDA ART THERAPY ASSOCIATION

Creating Connections

May 1st and 2nd, 2010

Wyndham Resort, Orlando

How do you create connections with your clients...with your colleagues, your community, your work and your life?

This two day professional conference, sponsored by the Florida Art Therapy Association, will engage you in a vibrant dialogue about these important issues. Through film, presentations, art making, and workshops, we will explore our communities and strengthen our connections.

Aimed at mental health professionals, nurses, art therapists and other healthcare providers, the conference will also provide chances for social networking over the hour long catered lunch that is included with your registration fee.
See you in Orlando!

Saturday, May 1st, 2010

- 8:00-8:30 Registration
- 8:30-8:40 Opening Remarks
- 8:45-9:45 The Art of Positive Psychology
Poppy Scheibel, ATR-BC
- 10:00-11:30 What is Poverty?
Susan Gonzalez, ATR-BC, MsEd
Susanne Bifano, ATR-BC
- 11:30-12:30 LUNCH
- 12:45-1:45 Art Therapy at a University
Counseling Center
Laurie Brown, B.A.
- 2:00-3:00 Tools of the Trade
Laura Dessauer, ATR-BC

3:15-4:15 Professional Writing Focus Group
Amanda Alders
Laurie Brown

4:30-5:30 More than Ethics
Mercedes ter Maat,
Ph.D., LPC, ATR-BC
Lisa Wasserman, Psy.D., ATR-BC

Sunday May 2nd, 2010

8:30-11:00 "Who Does She Think She Is?"
Film by Academy Award winner Pamela Boll, at 2009 Conference AATA keynote speaker.
Discussion and art experiential to follow, facilitated by Raquel Farrell-Kirk, ATR-BC.
www.whodoesshethinksheis.net This film "explores some of the most problematic intersections of our time: mothering and creativity, partnering and independence, economics and art. "

11:30-12:30 Open Board Meeting

Conference Costs

Prior to Monday March 29th, 2010:

| | |
|---------------------|---------|
| FATA Members | \$65.00 |
| Non-Members | \$85.00 |
| Student members | \$40.00 |
| Student non-members | \$50.00 |

After March 29th all registrations will increase by \$15.00

Hotel Information: Wyndham Resort,

Orlando_8001 International Drive

FATA 's discounted rate \$89 per night

News from Florida State University...

By Laura Tuomisto, FSU ATA President

The art therapy program and the Florida State University Art Therapy Association (FSU-ATA) work together to provide students social, academic and emotional support, in addition to community service activities and professional development. We meet once a month to organize community service and fund-raising events to encourage educational and professional opportunities for our members.

Each year, we put together a spring workshop for current and prospective students, during which we host a visiting art therapist. This year, we look forward to having Susanne Fincher present her workshop titled *Mandalas, Jung and Art Therapy* on February 27th. In addition to the workshop, art therapy alumni and students present at the annual American Art Therapy Association (AATA) conference.

We had three alumni of the association present this year at the AATA conference in Dallas, TX. FSU-ATA volunteered this past fall by facilitating a wheelchair painting event at a local rehabilitation center during National Rehabilitation Week.

In addition, we organized and staffed a "make and take" table of mixed-media collage at a local psychiatric hospital during their Sidewalk Art Day.

We look forward to more volunteer opportunities this spring. If you would like to learn more about our association, please contact Laura Tuomisto at lkjtuomisto@gmail.com.

The Business of Art Therapy

Job Description

Recreation Therapist PRN

Job Number: (01331-846)

Florida-South Florida-Columbia Hospital - Palm Beach

SCHEDULE PER DIEM/PRN

Description

In accordance with physicians' orders, the Recreation Therapist assesses, evaluates, plans, and carries out recreational therapy programs to restore maximum reasonable function and to minimize disability.

Position tasks and responsibilities include:

Plans, organizes and conducts programs in a variety of sensorimotor, educational, recreational and social activities

designed to help patients regain physical and or mental functioning or adjust to their handicaps.

Plans therapeutic care based on clinical assessment.

Teaches patient skills and techniques required for participation in activities. Evaluates, records and reports on patient's response to treatment and progress toward identified goals.

Integrates recreational therapy treatments with other aspects of patient care. Monitors, records and communicates patient condition as appropriate utilizing computerized documentation systems.

Instructs and educates patients and families. Provides age and culturally appropriate care.

Orients and mentors new staff members. Follows Standard Precautions using personal protective equipment as required.

Qualifications

Required Job Qualifications include:

B.S. or M.S. in Occupational Therapy, Art Therapy or Recreational Therapy

Current certification as a BLS Healthcare Provider.

Customer service abilities including effective listening skills.

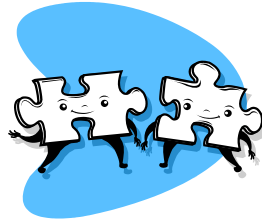
Critical thinking skills, decisive judgment and the ability to work with minimal supervision in a fast paced environment.

Ability to perform work that requires frequent standing, bending, reaching, squatting, kneeling, moving, lifting of patients and/or equipment up to 50 pounds.

Apply for position on the Columbia Hospital Website under Careers.

www.columbiahospital.com

FATA and YOU!!!



Have an idea, question, comment, or concern about YOUR state association? Jump on in, get involved. Contact Poppy Scheibel via the President Elect email link on the FATA website, www.floridaarttherapy.org to find out how you can get involved.

If you would like to contribute any articles or news to FATA's quarterly newsletter, please forward information to: Lizportuondo@bellsouth.net

The FATA Mission Statement

The Florida Art Therapy Association is dedicated to providing education, professional development, training, and political action for its members. Further, FATA will pursue the highest Professional and ethical standards to protect the public for which it serves.

FATA MEMBERSHIP

FATA Membership falls into the following categories:

Credentialed Professional \$20

Retired Professional and Student \$10

Contributors \$20

To receive more information on how to join FATA,

Send membership to AATA and identify local chapter dues. <http://www.arttherapy.org>

FATA dues are payable each year. You must first be a member of AATA in order to become a member of FATA. Upon receipt of your dues, you will receive a membership card and will begin to receive newsletters and updates on workshops. FATA exists through volunteer hours and efforts. Dues cover membership in the umbrella organizations, postage, expenses related to programs, publications, and outreach. Thanks for your support!